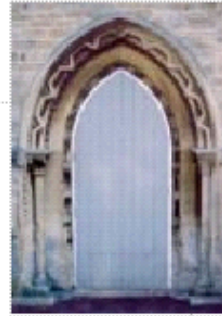


UNDER THE EDGE

ARTS

Starting Thursday
September 17th
10am to 11am



All Classes are drop
in and cost £5.00.

Contact:

Chris 01453 842994

niadance@hotmail.co.uk

www.niadance.co.uk

This Workshop is suitable for anyone, new to Nia, or a seasoned student.

Learn how to listen to the distinctive Nia music.
Find out where the links are and how to connect
the dance steps with the music.

Have fun becoming proficient with the Nia steps.
Improvise, embellish and allow yourself to go
deeper into an appreciation of Nia.

We will focus on the Nia Dance Arts: Jazz,
Modern and Duncan Dance.